

MAY NEWSLETTER, 2020



As we go through this coronavirus shutdown that is affecting all of us right now, just remember

THE COURSE OF LIFE

Life isn't always fairway, Life isn't always par; It isn't always easy To go from where you are.

The rough may oft impede you
On the journey toward your goal,
Or an unexpected hazard
Might take a heavy toll.

Keep strong your faith and patience Midst all life's up and downs, And trust your silent partner Who guides you through life's rounds.

CARD SHOWER

Cheryl said her Dad, Bert Henderson, was quite surprised and wondered why he was getting "all these nice cards". He was very touched by the remembrances and cards that he received earlier this month from some of the BWGL ladies!



Have you ever felt like doing this??

April and May is certainly not turning out to be quite what we expected it to be!! We've already missed all of our April and probably our May play days and tournaments! A few brave souls have managed to get out on the courses a few times but it sure is different!

I expect our Officers and Chairpersons will be convening to discuss and plan the remainder of our season as soon as it is reasonably possible. In the meantime, we'll just have to keep on, keeping on!

NUGGETS OF THE GAME

Some tips I've picked up along the way, which we all know but sometimes we kind of let them slide include:

- *Focus on the fundamentals, not the "quick fixes". (But really when you get to be my age you need some quck fixes)! **Pat Totten** gave me a quick fix once and I'm going to share it: It was simply "CLEAN YOUR CLUBS"! And, you know, it seemed to help!
- * Perseverance makes perfect! Stick with it and practice, practice, practice.
- *Take a few lessons then *quit* and go practice.
- *Visualize your target <u>before</u> you hit the ball!
- *Don't rely on your equipment to carry your game.

"Best golf advice I ever had" as shared by:

Andrew W. Conway, ESQ. ProSports Management

The best golf advice I ever received was to practice with no shoes on. Without the anchor of golf cleats, it is impossible to swing without maintaining proper balance. Once proper balance and tempo are achieved, putting your shoes back on will allow you to add power to the swing while maintaining proper balance.

Hmmm... now your secret is out, **Becke Parks**!!

From Harvey Penick's

"For All Who Love the Game: Lessons and Teachings for Women"

THE PICTURE SHOW

If you see the shot in your mind, your muscles will do their best to make it happen. One of the biggest differences between high-handicap players and good players is the picture show of the mind. The good player visualizes the shot. Each and every shot. The good player sees in the mind where the ball will fly and how it will land, and thus subconsciously instructs the muscles what is wanted. The high handicapper probably doesn't make a mental motion picture of any shot. The high handicapper takes a vague sort of aim and whacks away. Your imagination is one of the most important parts of the game. **USE IT!!!**